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Silke Rothenburger-Zerrer

## **Natural & Sustainable**

Simple Projects for More Sustainability in House and Garden

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Jan Thorbecke Verlag

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128 pages

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- With sustainable gift ideas
- Simple projects for various time frames and with ingredients that we all have at home
- With many photos and step-by-step instructions

We all know how important it is to live sustainably, avoid plastic and produce less waste. Silke Rothenburger shows us how we can do this in an uncomplicated way – even if we have a packed daily life – with her small, creative projects for the bathroom, kitchen, living room and garden. From dishwashing sponges to hand cream, the DIY ideas bring more sustainability and mindfulness into your home. These also include wonderful gift ideas such as seed bombs or a massage candle. Most of the projects don't take much time and the ingredients are available in regular supermarkets. This book makes environmental protection fun and gives you a more beautiful home.



## **About the author**

Silke Rothenburger lives with her family in Backnang, a little town near Stuttgart. She works as a secretary at a grammar school. In her leisure time, she cooks, bakes, does handicrafts and photographs as a creative balance to her office job. Already as a child, she was constantly at her grandfather's little bakery and especially liked to be in the baking room. She sees her "House No 37" blog as the ideal connection between all of her hobbies. As with the blog, she also wants to inspire other people with her book.

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