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Ilka Brühl

Beautiful in a Different Way

How I Learned to Love Myself

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Patmos Verlag

Hardcover with dust jacket

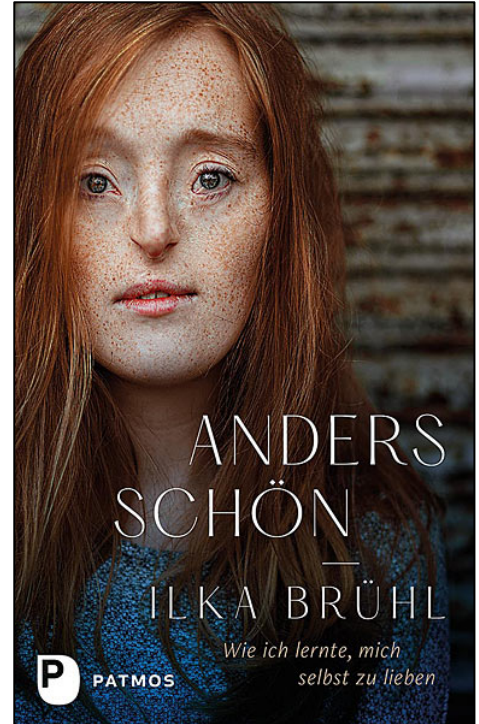
152 pages

Format 14 x 22 cm

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- Beauty is diversity
- A moving life story

Ilka Brühl looks different. She was born with a facial cleft, which is a malformation of the nose, forehead and eyes. As a child, she was berated as a witch. As a young woman, she withdrew from the world and struggled with her appearance. Her path to more self-confidence was long and rocky, but it was worth it. She has turned her special appearance into a trademark and appears as a model in the media and social networks. The author fights for beauty being perceived as diversity. This is a moving book about self-love despite being different.



About the author

Ilka Brühl initially studied mechanical engineering before becoming a freelance author, model and illustrator. She lives in Braunschweig, Germany. www.ilka-bruehl.de

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