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Natalie Katia Greve Why?

The Companion for Mourners After a Loved One's Suicide

ISBN: 978-3-8436-1318-7

Patmos Verlag
Hardcover
128 pages
Format 12 x 19 cm
EUR 15.00

• Easy-to-read, compact orientation for people in especially stressful grief situations

- Leads out of helplessness and back to self-efficacy
- Appealing illustrations

Mourners after a suicide are often especially burdened by feelings of helplessness, shame and guilt, as well as the constantly recurring question of why it happened. Familiar with these feelings from her own experience, Natalie Katia Greve accompanies mourners after suicide with a book that is empathetic and easy-to-read. She encourages them to endure the unanswered questions, to dare to find their way back to life and to find new courage in life – even if this seems unimaginable at first.



About the author

Kerstin Friedrichis a psychologist with a doctorate in economics, as well as a coach for management teams. She was a senior editor at the Frankfurter Allgemeine Zeitung GmbH's Informationsdienste and editor in the journalistic department of the German Economic Institute (Cologne). She is the author of several long-sellers on the topic of business success. The mother of two adult children lives near the city of Bremen, Germany.

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