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Pierre Stutz

## **Life Is in the Moment**

With photographs by Andrea Göppel

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- Deriving strenght from inner sources

Inspired by the play of water and stones, Pierre Stutz finds inviting words that don't postpone the rendezvous with a fulfilled life. Life is in the moment means: breathing a deep sigh of relief, enjoying the creation, becoming thankful for the many everyday miracles and staying true to yourself in all of the changes.

### **About the author**

Pierre Stutz is one of the most soughtafter spiritual teachers of our time. He lives on the shores of Lake Geneva and inspires people in lectures and courses to a grounded and freeing spirituality. He has written more than 40 books with a total number of copies sold of over one million. His books have been translated into six languages. For Pierre Stutz, writing is his »feu sacré« – his inner passion.



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### Contact:

Verlagsgruppe Patmos der Schwabenverlag AG

Luisa Lehnerer, Foreign Rights Departement

t: +49 711 4406 148

f: +49 711 4406 177

lizenzen@verlagsgruppe-patmos.de

www.verlagsgruppe-patmos.de